

6 May 2026

Newsletter

School website:

Meare Village Primary School

Facebook:

Meare Village Primary School News
and Events



Dear Families

We are halfway through this short term and next week, our dedicated Year 6 cohort will begin their **SATS tests**. I know you will wish them all the best, and we know that they are all brilliant stars and will do their very best - what more could we want?!

We have learned a lot last term about **Healthy Me** - how children and families can keep healthy through regular activity and exercise and a good diet. On the next page is a link to managing a healthy menu at home, and how a positive diet impacts on mood, sleep and concentration. For World Environment Day on Friday 5th June, it would be brilliant to think about **packed lunches**, and how to make these as healthy as possible, including as much homemade food, possibly some leftovers from the day before, with zero waste, especially wrappers. There will be a special menu from Beech Catering on this day too, please ensure you select from this special menu. **Limiting throw-away wrappers** and replacing them with pot or reusable wrappers would very much please our Eco Council too! We will be seeing how we are progressing in this over the next few weeks in the run up to World Environment Day.

Thank you for your support in this.

We still have Sports Day to look forward to on Friday 22 May! Please join us on the field afterwards for our **Family Picnic** - any meals ordered Friday 22 May will be switched to packed lunches. Please note there is a new menu live on MCAS for meal bookings from June to July.

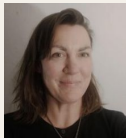
Best wishes, **Ms Isherwood**

IMPORTANT NOTICE:

If you are late (after 8.40am when the gates shut), you must bring your child to reception to sign them in for their safety. Please do not let your child come in by themselves after 8.40am.

Safeguarding

Our Designated
Safeguarding
Lead is Ms
Isherwood



Our Deputy
Designated
Safeguarding
Leads are Mrs
Taylor and Mrs
Noel



Our Safeguarding
Governor is
Emma Mitchell



The safety and welfare of all children is everybody's responsibility. If you have any concerns regarding a child's welfare or safety please speak to any of these people immediately. To report a child or an adult at risk, including weekends and public holidays please call Somerset Direct on: 0300 123 2224. The NSPCC also has an advice line available on: 0808 800 5000. Please visit:

www.cypsomersethealth.org which is the Somerset Wellbeing Framework for useful links for the health and wellbeing of Somerset families and young people.

If you have a safeguarding concern, or need to contact the school's Safeguarding Team in the school holidays, please email safeguarding@meare.school

Concerns: parents' views are taken seriously at Meare. Almost all issues between parents and school are dealt with informally, simply by parents talking through their concerns with their class teacher or relevant school staff. Approach them and explain your concern to them. Suggest an action you would like to happen and we will be happy to work with you to find a solution.

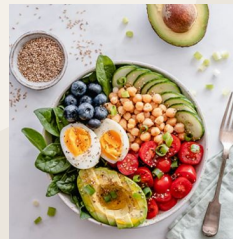
If you feel things have not been adequately resolved, please read our Complaints Procedure

<https://meareprimary.co.uk/wp-content/uploads/2024/06/Complaints.pdf>

Happy Family Eating... a fun guide for parents to take control of mealtimes, snacks and 'fussy eating'

How to have healthy eating habits as a family - BBC Bitesize

Research shows food can have an impact on our child's mood, their sleep and concentration, as well as their weight and overall health. As a parent, there are some simple ways you can encourage healthy eating habits in your children, to make eating together more fun, and help everyone to feel good, without needing to spend lots of money.



Diary Dates

| | |
|--|--|
| Wednesday 6 May 1.30-3.15pm | Headteacher drop-in session for SEND and Communication |
| Monday 11 May | SATs week |
| Friday 22 May 10.15am | Sports Day |
| Friday 5 June - 10 July | Y5/6 swimming |
| Friday 12 June | Seedlings visit to Carymoor |
| Tuesday 16 June | Class and Y6 leavers' photos |
| Wednesday 17 June | Blossoms Class visit to Taunton Museum |
| Thursday 18 June | Taster session Y5s St Dunstan's tbc |
| Friday 26 June/Monday 29 June | Insets |
| Thursday 2 July 1.30-2.30pm | Stay and Play new Reception starters |
| Friday 3 July 1530-1730 | Summer Fair |
| Monday 6 July - Wednesday 8 July | Residential Years 5 and 6 |
| Wednesday 8 July 2-3pm | Information session for parents of new starters |
| Tuesday 14 July 5.30pm | KS2 Performance |
| Wednesday 15 July 1.45pm | KS2 Performance |
| Wednesday 22 July | Last day of term |
| Thursday/Friday 3, 4 September | Insets |
| Monday 7 September | First day of term |
| Monday-Weds 7-9 September (8.30am-12.30) Thurs Fri 10-11 | New Reception starters Mornings only |

Mrs Sarah McCabe



Mrs McCabe, our wonderful member of staff, has reached a HUGE milestone.

She has served Meare Village Primary School for the last 25 years! I know that some parents were taught by Mrs McCabe, and now your children have the privilege of knowing her and being educated by her.

We are extremely grateful to her dedication and kindness, and we are grateful still for her continuing commitment to our little school.



SEND News

You should have now received your child's APDR document with new Summer outcomes. If you have not already, there is still time to share your views on how you feel your child is doing in school. Please could you complete the short questionnaire, using the link below

[APDR Parental Views - Summer 2026 – Fill in form](#)

If you would like to discuss these further, please contact your child's class teacher.

The Somerset Parent Carer Forum have created a pack of useful information to help you find answers to the questions they have found many parents have asked us over the years.

The booklets bring together information from various publicly available information and information created with help from local parent carers:

<https://www.flipbookpdf.net/web/site/0a7fe261ca33b07da08b5016cf2a45ee27de762eFBP21961522.pdf.html>

Pastoral News

The Year 6's will be taking part in a Stress Skills Workshop with the Mental Health Support Team on Thursday. This will help support them in readiness for SATS week next week!



Great mental health care is human

It's the **trained advisor** who helps when you're too unwell to work and worried about rent.

It's the **therapist** who starts with "What's happened to you?" not "What's wrong with you?"

It's the **kind voice** at the end of the phone.

Find support from Mind:
mind.org.uk/MHAW
11-17 May 2026



Registered charity in England (no. 218893) and a registered company (no. 404346) in England and Wales.

ACTION
FOR YOURSELF
FOR SOMEONE ELSE.
FOR ALL OF US.

MENTAL HEALTH AWARENESS WEEK
11-17 MAY 2026

Our top ten actions to support good mental health

These simple actions may help lift your mood and improve your ability to cope with life. Try a couple and find which works best for you.

1. PLAN SOMETHING TO LOOK FORWARD TO

Making plans for things we enjoy can increase our sense of hope, which is important for our mental health. It could be a plan to sit down with a cup of tea and take a quiet five minutes, or a long-term plan for an ambitious trip. Whether it's a big or small goal, the important thing is to plan it.



2. EAT WELL

One of the simplest ways to improve mental health is by eating a healthy, balanced diet. Not only can it support your emotional health, but introducing small habits, such as staying hydrated or having fruit snacks, can help make changes stick easier.

3. GET CLOSER TO NATURE

Spending time in nature can boost your mood, lessen stress, and help you concentrate.



4. GET GOOD SLEEP

Good quality sleep helps your brain work better, lifts your mood, and is good for your overall health.



5. GET CREATIVE

Spending time on creative activities is a great way to help ease stress and anxiety. Carve out some time to listen to music, paint, sing, or do whatever you enjoy most.



6. MOVE REGULARLY

Being active can boost your mood and raise your self-esteem. It's also an effective stress-management technique. Whether you go for a walk, do some yoga, or approach dance the kitchen, it all counts.



7. TRY MINDFULNESS

Being fully aware in the present moment can positively change the way you feel about life and how you approach challenges. Aim to notice the colour of the sky, the sound of leaves, or the feeling of your feet on the ground.



8. MAKE TIME FOR FRIENDS

Having good relationships with others can help you feel like you belong, allow you to share experiences, and receive emotional support. It's a great reason to have a catch-up with a friend on the phone.



9. BE KIND

Bad days happen to everyone. If you're feeling tough times, remember to treat yourself with kindness and understanding. You're doing the best you can.



10. TALK THINGS OVER WITH SOMEONE YOU TRUST

It can take a lot of courage to tell someone else how you're feeling or what's bothering you. Just talking things through with a person we trust can feel like a relief and make us feel less alone.



Everyone deserves good mental health.
For more tips and information visit mentalhealth.org.uk





Let's Celebrate!

Congratulations to

*Roman, Lily, Louie, Oakley, Jasper, Winnie, Evie,
Willow, Thea and Poppy!*

for their Certificate of Excellence!

*This is going out to children who have put in 100%
effort in handwriting and presentation in their work or
for a significant improvement in something specific.*





Let's Celebrate!

Congratulations to
Willow, Albie, Dio, Angus, Jennifer and Bonnie!
for their Certificate of Excellence!

This is going out to children who have put in 100% effort in handwriting and presentation in their work or for a significant improvement in something specific.





Let's Celebrate!

Congratulations to
Lily, Noah, Leo!

for being our Play Champions this week -
*this is going out to children who have been
selected by our House Captains for showing
kindness and being a good friend on the
playground.*



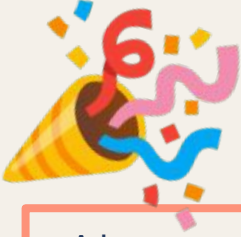


Let's Celebrate!

Congratulations to
Gracie, Isla, Amelia and Bo!

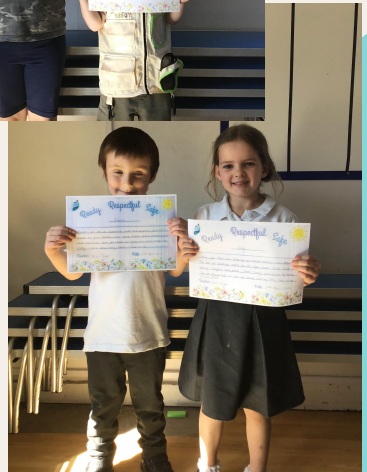
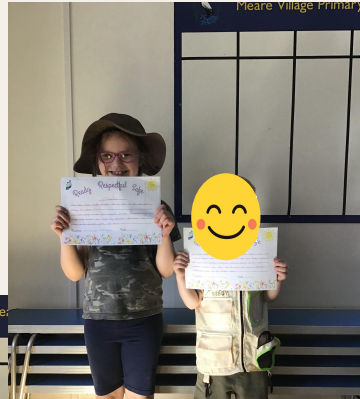
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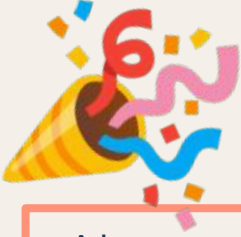
Let's Celebrate!

A huge congratulations to those of you who have been awarded a Ready, Respectful, Safe Award, You're all cooking on gas, keep up the amazing work! 🙌



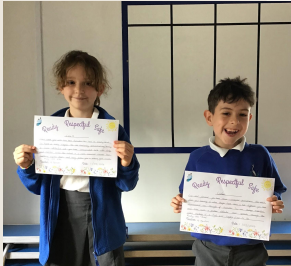
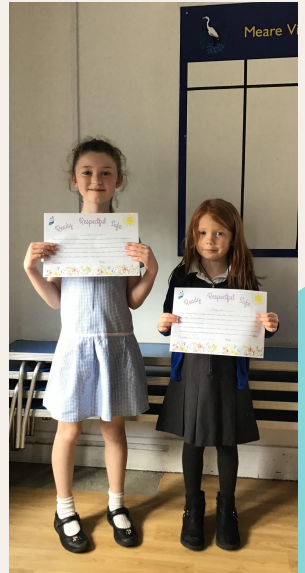
Pips: Lily & Mason
Blossoms: Stephanie & Honor

Seedlings: Tazahna
Blooms: Rowan & Edward



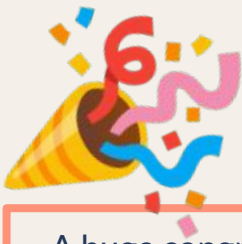
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A huge congratulations to those of you who have been awarded a Ready, Respectful, Safe Award, You're all cooking on gas, keep up the amazing work! 🙌



Pips: Ava & Thea
Blossoms: Isla & Caden

Seedlings: Evie & Poppy
Blooms: Freya, Henry, Audrey, Olive,
Nahla, Rufus, Edward & Oakley



Let's Celebrate!

A huge congratulations to those of you who have been awarded an award this week. You're all cooking on gas, keep up the amazing work! 🙌



Maths: Marlow, Toby, Nahla, Buddy, Charlie, Caden & Isabella

NOTICE BOARD



Meare Village
Primary School

<https://www.facebook.com/profile.php?id=61551313980171>

FREE

2026

somer science FESTIVAL

Bank Holiday Monday 4th May
10am - 5pm

Bath and West Showground
Shepton Mallett

We are back for another year!! An exciting annual Science, Technology, Engineering and Maths (STEM) family festival.

Did you know?

Children currently lose access to free school milk on their fifth birthday. This means that within the same Reception class, some children continue receiving milk while others do not, simply because of when their birthday falls. At Meare Primary we're supporting the Fair Milk for a Fair Start campaign, which calls for a simple change so all children can receive free school milk until the end of their Reception year.

If you'd like to learn more or support the campaign, visit: <https://fairmilkfairstart.com/#fairmilkforafairstart>

St Bens Junior

ACTIVE CAMPS

🕒 MAY 26TH TO 29TH 🕒 8.30AM TO 3.30PM

- TUE 26TH** Tournament Tuesday
- WED 27TH** Laser Tag and Nerf Battles
- THU 28TH** Inflatable Day
- FRI 29TH** Racket Sports

WWW.TLESPORTSCOACHING.CO.UK

Extra Time available;
8-8.30am & 3.30-4pm

£20 a day!

Little Starlings



Please follow this link to our job advert:

<https://sanddchildcarelimited.evrecruit.co.uk/room-lead/4?source=careers>

We look forward to welcoming more families into our setting for Breakfast club, After School club and Holiday club 7.30-18.00.

Sessions are available
7.30-18.00

